

# RESTLESS DEVELOPMENT

## IMPACT PRIORITIES

What we do

Restless Development works to create a better world. We focus on a range of issues that have a significant impact on the lives of people in the developing world. Our priority areas include:

We

Gender & Sex

We support you

**Tanzania Annual Report  
2023**



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# Message from the Hub Director

## Dear Partners, Supporters, and Friends,

As we reflect on the past financial year of 2022/2023, I am filled with immense pride and gratitude for the remarkable achievements and progress we have made at Restless Development Tanzania. This year has been one of resilience, innovation, and collaboration, and it is through the collective efforts of our dedicated staff, passionate volunteers, and committed partners that we have been able to create significant impact and drive positive change in the lives of young people across Tanzania.

Despite the ongoing challenges posed by the global pandemic, we have continued to adapt and innovate our programs to ensure that we reach and support the most vulnerable and marginalized youth. Our commitment to ensuring young people lead and shape their own futures has remained steadfast, and we have seen incredible examples of young leaders stepping up to address the issues that matter most to them and their communities.

One of the highlights of this year has been the successful implementation of our youth-led initiatives, which have not only provided critical support and resources to young people but have also amplified their voices and influence at local, national, and global levels. From advocating for youth-friendly policies to leading community development projects, our young leaders have demonstrated their capacity and determination to create lasting change.

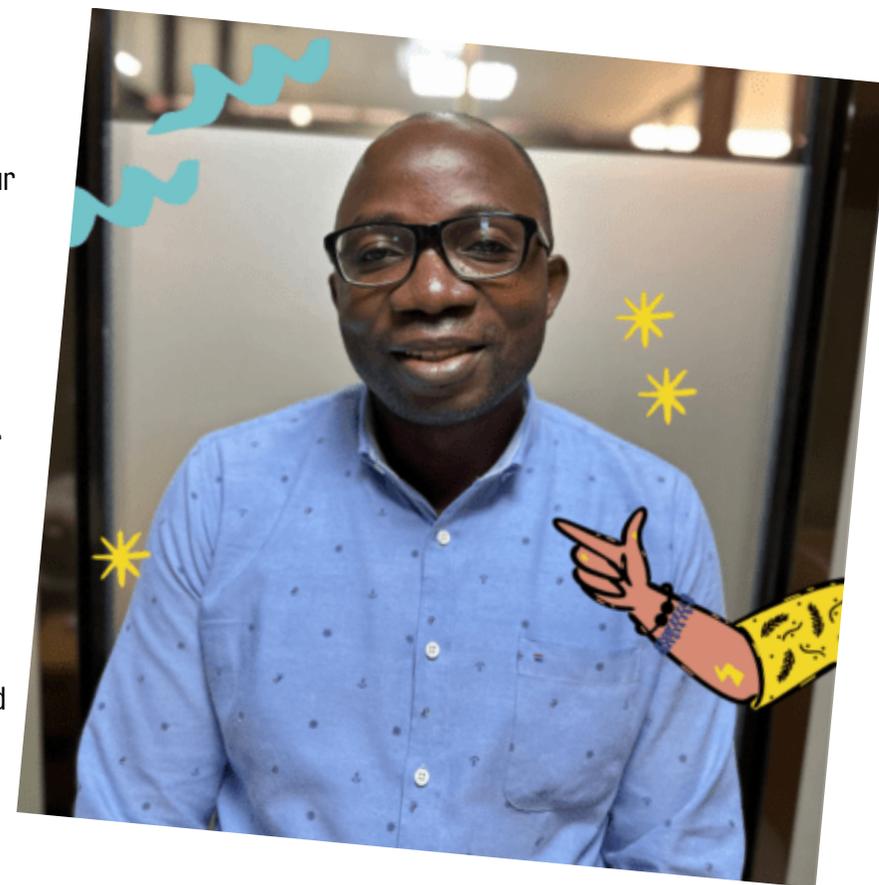
We remain committed to our vision of a world where young people have the power and opportunity to drive change. We will continue to innovate and scale our programs, deepen our partnerships, and advocate for the rights and needs of young people. We are confident that with your continued support and collaboration, we can achieve even greater impact and build a brighter future for all.

On behalf of the entire team at Restless Development Tanzania, I extend my heartfelt thanks to all our partners, donors, volunteers, and supporters. Your unwavering commitment and generosity have been the cornerstone of our success, and we look forward to continuing this journey together.

Thank you.

**Linus Katonto**

**Director, Restless Development Tanzani**



# Restless Way 2023

At Restless Development Tanzania, we are power shifting in development by putting young people at the front and center in driving real change. We are supporting young people to lead and shape their communities directly; ensuring their voices are not just heard but drive impactful outcomes.

With our global and national strategies firmly in place, Restless Development Tanzania is all about unleashing the full potential of young people. We are shaping youth leaders to tackle Tanzania's toughest challenges head-on.

Our vision? Young people stepping up to lead transformative change in their communities.

## Mission and Goals

Our mission and goal for young people in Tanzania is clear: to champion youth-led change in Tanzania. We are committed to nurturing a new generation of leaders who shape decisions and policies that influence their lives. We consistently support young people across all aspects of our work.

## Practical Implementation: Power Shifting

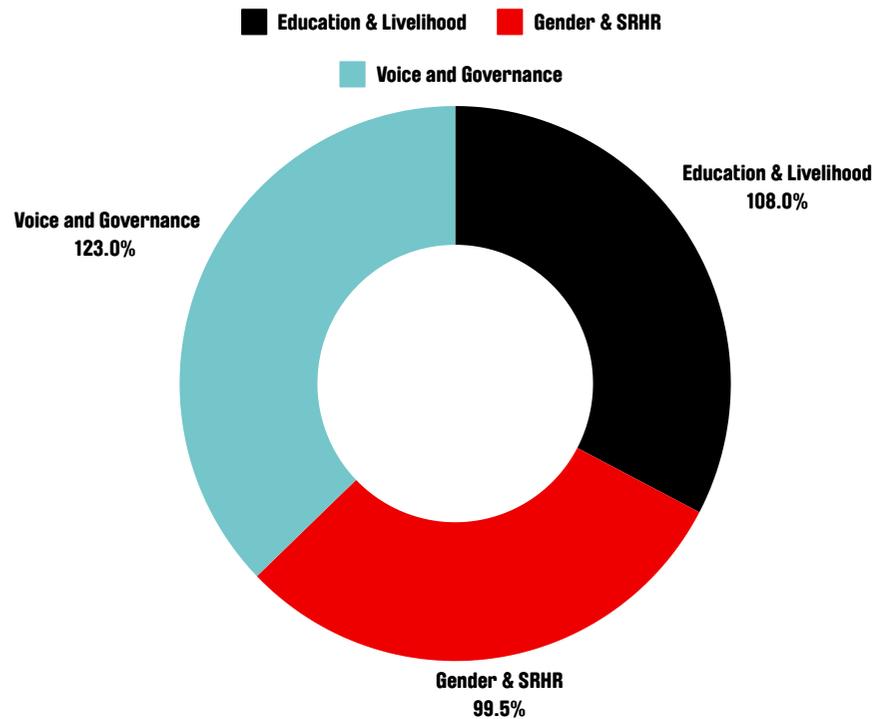
To ensure we are making a lasting impact, we live by our Power Shifting Checklist. This tool guides us in empowering young people every step of the way, creating an environment where youth leadership thrives. By following this checklist, we are creating sustainable change that empowers young leaders and strengthens communities.

At Restless Development Tanzania, championing youth leadership is not just a mission – it is our Restless Way.

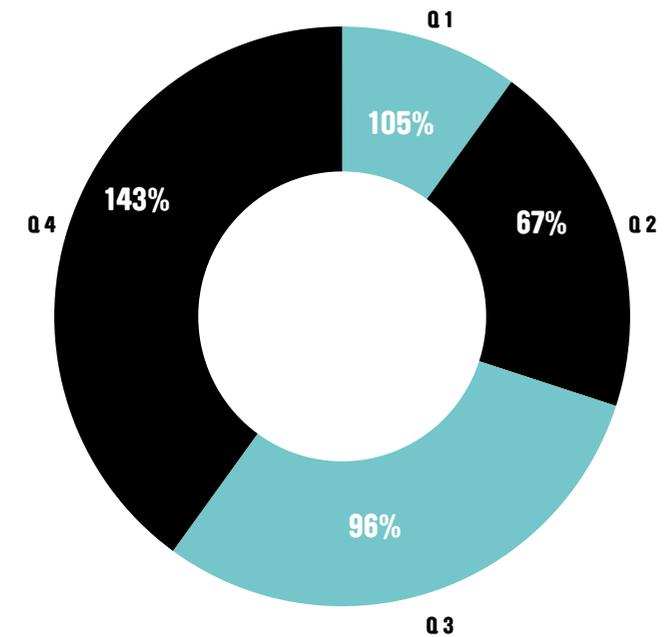


# Summary of Our Work in 2022/2023 (Reach & Impact)

## Young people reached by Impact Priorities



## Young people reached quarterly



## Young Leaders Generated:



**705 Male**



**485 Female**

### Additional Insights:

- Gender and Sexual Rights contributed significantly to the total reach (85%).
- Female reach was higher (64%) than male reach (36%), attributed partly to project strategies aimed at increasing female participation.
- Quarter 2 showed an exceptional increase in actual reach (67% achievement).
- Quarter 3 had the highest number of young leaders generated (95.4% female).

### Key Notes:

- The data reflects a strategic emphasis on gender inclusion and the prioritization of impactful projects, particularly in Gender & Sexual Rights.
- Quarterly and annual achievements demonstrate variance, highlighting strong performances in certain quarters.



# Youth Impact Showcase Programme and Consultancy Highlights

## 1) Goal Area 1: Education and Livelihood

## Vijana Twaweza – Skills For Employment Programme

The Vijana Twaweza project, implemented over nine months, aimed to enhance the personal and financial well-being of 300 youth in Ifakara Town Council, Morogoro, Tanzania. Focused on vocational skills development (VSD), the project targeted young women, young mothers (aged 15–24), and youth at large. By equipping participants with essential knowledge and skills, the project aimed to empower them to make informed life choices, achieve financial stability, and overcome socio-economic challenges.

### Key Activities and Achievements

During the reporting period, the Vijana Twaweza project achieved significant milestones:

- Enrolled 368 youth (277 Female, 91 Male), surpassing the target by 121%.
- Facilitated the formation of 19 youth groups, supporting them in developing leadership skills and organizational structures.

### Environmental Impact through Briquette Production

The project trained 300 youth in briquette production, addressing deforestation and promoting sustainable waste management. By utilizing recycled materials and agricultural residues, participants produced eco-friendly briquettes, reducing reliance on traditional charcoal and lowering greenhouse gas emissions.



## Promotion of Modern Agriculture Practices

- Over 300 youth received hands-on training in modern horticulture farming and poultry management. They gained practical skills in advanced farming techniques, enhancing productivity and understanding of the agricultural value chain. Specialized training in poultry management ensured sustainable farming practices.

## Entrepreneurship and Financial Support

- Participants benefited from comprehensive training in entrepreneurship, financial management, and village savings. Engaging in Village Savings and Loan Associations (VSLA), youth collectively accumulated substantial savings and accessed loans for business investments. This resulted in the successful establishment and expansion of businesses, contributing to sustainable economic development. Notably, 223 youth, comprising 177 females and 46 males, collectively accumulated savings amounting to TZS 2,963,250. This financial foundation enabled them to take tangible steps toward entrepreneurship. Furthermore, 40 youth accessed loans totaling TZS 886,350, leveraging the acquired financial skills to invest in and expand their ventures.

# Youth Stories

## Cultivating Success: Neema's Journey in Agripreneurship

Anania Mkumbwa's journey in the remote village of Machipi, Ifakara TC, Neema highlights the profound impact of agricultural skills development on young people. Her experiences from economic uncertainty to entrepreneurial achievement validates the role of education and support in breaking the cycle of poverty.

Before Neema joined the Skills for Employment Tanzania (SET) programme, like majority faced daunting challenges typical for many young people in the region. With limited formal job opportunities, she struggled to secure a sustainable income, living her with an inability to meet basic needs and pursue her dream, to one day own her own business venture.

## Cultivating Success: Neema's Journey in Agripreneurship

Restless Development in partnership with Swiss Contact brought about new hopes for young people like Neema when the SET programmes was rolled out in Ifakara Town. The programme aimed to equip young people in Ifakara TC with advanced agricultural and poultry farming skills. Neema eagerly embraced this opportunity, immersing herself in training focused on modern, sustainable horticulture practices tailored to local conditions.

Under the programmes guidance, Neema mastered essential farming techniques: from soil, preparation and crop management to effective pest control and post-harvest handling. Armed with this knowledge and supported by her family, she transformed a modest plot of land into a flourishing cucumber farm.

### As The Result

Neema's dedication and newfound skills bore fruit—literally. Her cucumber farm not only thrived but also became an inspiring success within her community. Today, she proudly harvests high-quality cucumbers, securing a reliable income that supports her family's needs and fuels her entrepreneurial spirit. Reflecting on her journey, Neema expresses profound gratitude,

**"The SET project has been life-changing for me. Learning modern farming practices has not only enabled me to cultivate cucumbers successfully but has given me hope and a pathway to a brighter future."**



## Kijana Wajibika Kiuchumi Programme

The "Kijana Wajibika Kiuchumi" project, funded by Habitat for Humanity and implemented by Restless Development Tanzania, commenced under a three-year partnership agreement signed on May 1, 2023. Habitat for Humanity Tanzania provided USD 26,800 to support Objective 2 of the project, which aimed to enhance livelihood opportunities through skills training, savings, and access to credit for 60 young women and youth in Arumeru District (Meru District Council). This initiative was part of the broader project titled "Improving Living and Learning Environment through WASH & Livelihoods Support, Land and Property Rights Advocacy, and Climate Change Impact Mitigation."

### Key activities implemented included:

- Formation of 10 Women and Youth Community Economic Empowerment Groups (CEEG), each comprising 6 members.
- Training sessions conducted for 90 CEEG members (47 females, 43 males) on business planning, legal requirements, financial literacy, savings, and marketing.
- Provision of business startup kits and mentorship to support entrepreneurial endeavors.

### Achievements:

- Mobilization of 90 young women and youth, including 6 individuals with disabilities, resulting in the formation of 12 CEEGs.
- Official registration of 10 CEEGs at the council level, enhancing their access to further developmental opportunities.
- Successful training of 90 youth, resulting in a notable 34% increase in knowledge related to business and life skills.
- 60 youth (31 females, 29 males) from 10 CEEGs received startup kits and initiated various businesses such as poultry keeping, pig farming, soap production, retail shops, food vending, and car washing.
- Development of business plans by supported CEEGs to guide their entrepreneurial pursuits.
- Reporting of income generation by five out of the ten groups, indicating the project's success in fostering self-sustainability among participants and contributing to the local economy.

## Key Lessons in Supporting Young People to Economically Grow and Sustain:

- Access to credit and entrepreneurship training enables young people to invest in their businesses and boost their incomes effectively.
- Collaboration with local businesses, government agencies, communities, and organizations is vital for the success of livelihood programs targeting young people.
- Addressing cultural and societal norms that restrict economic opportunities for young people is essential for sustaining economic empowerment initiatives.
- Providing mentorship and networking opportunities helps young people to access new markets and expand their businesses.
- Supporting young people with disabilities in livelihood initiatives requires careful stakeholder collaboration and additional resources, including tailored business support and adequate funding for sustainable livelihood projects that generate reliable income.

## Soap Shine Group Fosters Economic Freedom for Young People through Liquid Soap Business

In July 2023, the Soap Shine Group was formed under a larger initiative aimed at supporting young people in Meru District Council. With six members (three females, two males), the group received training in life skills, entrepreneurship, and business development from Restless Development. Equipped with knowledge and a shared vision, they set out to establish a sustainable business venture.

With support from Restless Development and Habitat for Humanity, the group launched a liquid soap making business. This initiative provided them economic opportunities and the means to meet their basic needs. Through dedication and entrepreneurial spirit, the Soap Shine Group quickly became an example of success. With startup capital from the project, they started producing liquid soap and supplying it to various establishments in Usa River ward. Their efforts led to significant improvements in their income, enabling them to support their families and invest in their futures.

The impact of the Soap Shine Group extended beyond their immediate circle. Their locally produced liquid soap brought convenience and affordability to individuals, supermarkets, and shops in Meru District Council, contributing to the local economy.

Buoyed by their initial success, the Soap Shine Group aims to expand their business operations by diversifying their product range and increasing their local market impact. By continuously developing their skills and adapting to market demands, the group is committed to establishing themselves in the soap manufacturing industry. Participation in the young women and youth economic initiative has positioned the Soap Shine Group as a model of community development. Their journey from humble beginnings to success underscores the potential within young women and youth to create prosperity within their communities.



## Youth Power in Action: Wazalendo Kuku Farm's Story

A group of six young individuals located in Usa River ward of Meru District Council, joined forces establishing Wazalendo Kuku Farm, a collective venture aimed at harnessing the potential of poultry farming to drive economic growth and community uplifting.

A comprehensive training in life skills, entrepreneurship, and agricultural business development from Restless Development partnership with Habitat from Humanity under Kijana Wajibika Kiuchumi project created youth groups like Wazalendo Kuku Farm. The groups comprised of three females and two males, supporting them with the knowledge and startup capital to launch their entrepreneurial startups. In October 2023, with determination and strategic planning, Wazalendo initiated their poultry business, starting with an initial stock of 150 chickens.

### Wazalendo Kuku Farm: Pioneering Youth-Led Development

Through diligent care and channeling best practices in poultry management such as breed selection, housing maintenance to nutrition and disease prevention the group ensured the health and productivity of their breeds. Their efforts have not only positioned them for a profitable venture but also become an inspiration among their peers and other community members.

Currently Wazalendo Kuku Farm aims to sustain their success and continue expanding their business footprint. They plan to invest in advanced technology and infrastructure upgrades to enhance productivity and meet the rising demand for poultry products in their region. Additionally, they aspire to cultivate partnerships with local businesses, thereby expanding their market reach and fostering enduring relationships within their community.



“ We plan to invest in advanced technology and infrastructure upgrades to enhance productivity ”



## **2) Goal Area 2: Gender, Sexual Reproductive Health & Rights**

## Girls Reproductive Health Rights and Empowerment Accelerated in Tanzania - GRREAT Programme

The GRREAT (Girls Reproductive Health Rights and Empowerment Accelerated in Tanzania) project, a three-year initiative funded by UNICEF and SIDA, aimed to enhance sexual and reproductive health, rights, and well-being among vulnerable adolescent girls in twelve districts across Mbeya and Songwe regions, Tanzania. The program leveraged existing government community-based health structures, such as community health workers, peer educators, and health workers, to foster demand among marginalized adolescents (aged 10–19). This facilitated increased access to participatory community-based learning and action initiatives on sexual and reproductive health (SRH), HIV, violence prevention, nutrition, and rights.

The initiative adapted the Ministry of Health's peer education model and adhered to Tanzania's community-based health promotion guidelines and health policy. Peer educators delivered six modules on SRH, HIV, nutrition, gender-based violence, communication, and life skills to both in-school and out-of-school adolescents. Subsequently, adolescents interested in accessing adolescent sexual and reproductive health (ASRH) services were linked through community health workers, teachers, and peers to appropriate health facilities for services and counseling.

### **Achievements:**

- Adolescents and youth peer educators were empowered and took part in the community-based health promotion systems, supporting polio vaccines e.g., Mkola HF, and awareness campaigns. For instance, at Sume Secondary– Songwe DC, an MHM room was introduced following students/adolescents advocacy, thereby reducing girls' absenteeism by 93%.
- Teen pregnancies were reduced; In Tunduma, teen pregnancy rates reduced from 7 cases in 2020 to 0 cases in 2021, 2022, and 2023 across all Primary schools in Tunduma where peer education took place (source: Tunduma Education Officer, Mr. Ntulo).
- Adolescents and peers are taking leadership roles; for example, 5 girls are currently part of ward development committees at Sogea and Muungano wards– Tunduma DC.
- Economically independent girls exhibited higher decision-making and negotiation power at Kyela, where adolescents managed to save 21 million TZs and started businesses.
- Girls and boys exhibited higher decision-making and negotiation power after a cycle of peer education. Adolescents and peers took leadership roles, for example, 5 girls were part of ward development committees at Sogea and Muungano wards– Tunduma DC. At Rungwe DC–Ikuti Secondary School, all 4 (3 girls, 1 boy) peer educators were students leaders after being entrusted by fellow students.
- 76 families of youth peer educators are supported by iCHF in Songwe Region GRREAT's impact in improving the health, rights, and socio-economic status of adolescent girls and boys in Mbeya and Songwe regions highlights the power of Civil Societies Organisation in contributing to sustainable development and community resilience.

As part of sustainability, regions and councils committed to own peer educators and community health workers and include in their 2024/2025 financial year budgets. Tunduma TC has set 2% of their gross internal income to support CHWs and few youth peer educators for ASRH demand creation continuum.

## Voices Heard: Transforming Menstrual Hygiene at Selya Secondary School

Previously, Selya Secondary School faced a significant challenge in providing a private and hygienic space for teenage girls to manage their menstrual needs. With 540 students, finding a suitable environment for maintaining privacy during periods was a pressing issue.

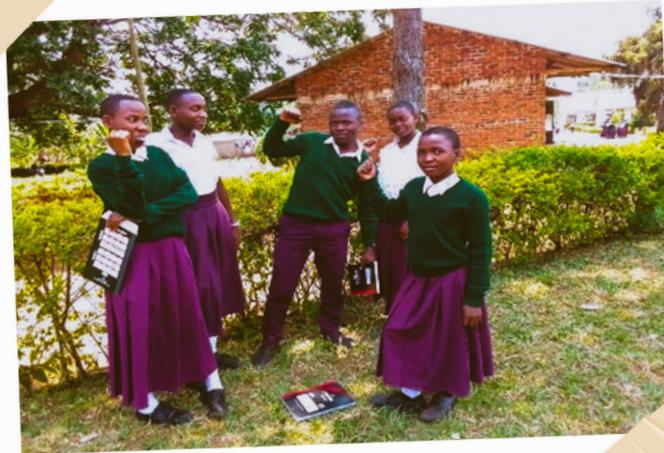
Elisha (15), Loveness (14), Memory (15), and Mariam (16) were among the students who benefited from a peer education program initiated by the GRREAT initiative, which ran from March to November 2023.

Motivated by what they learned during the peer education sessions, the adolescents proactively engaged with the school management committee. They advocated for the establishment of a dedicated girls' corner within the school premises to address menstrual hygiene needs. Following constructive discussions with the head teacher, they successfully secured the allocation of a girls' latrine room for this purpose.

**"We used to face challenges during our periods, often feeling uncomfortable and lacking proper facilities," recalled Mariam, reflecting on the past. "Now, thanks to the efforts made by our school administration, we have a safe space with essential amenities like handwashing facilities, emergency sanitary supplies, and tissues," expressed Loveness gratefully.**

Through the life skills sessions, the young girls learned to be assertive and proactive in solving problems. This achievement proves that young voices matter and can bring positive changes.

The initiative not only improved the girls' daily lives but also empowered them to take charge of their health and well-being. It stands as a testament to the positive outcomes that peer education and advocacy can achieve in enhancing sexual and reproductive health rights (SRHR) within school communities.



**Elisha, Loveness, Memory and Mariam; From Selya Secondary School at Itete Ward in Busokelo Council-Mbeya**

## GIRLS LEADERSHIP PROGRAMME

The Girls' Leadership Program aimed to reduce the vulnerability of out-of-school adolescents to HIV/AIDS and improve access to sexual and reproductive health (SRH) services, alongside enhancing their income through economic empowerment. This program integrated into the Girls Reproductive Health Rights and Empowerment Accelerated in Tanzania (GRREAT), focusing on Kyela District council in Mbeya region across four wards: Mbugani, Njisi, Mwaya, and Bondeni.

### Key outcomes included:

- Knowledge Improvement: Pre and posttests showed a 36% average increase in adolescents' understanding of budgeting, cash flow management, credit and saving skills, and digital financial services.
- Savings and Loans: 301 youth (281 females, 20 males) saved a total of Tzs. 28,786,700 in groups, and 207 youth (219 females, 16 males) accessed loans amounting to Tzs. 21,995,000 from Village Savings and Loans Associations (VSLAs).
- Income Generation: 58% of participants started income-generating activities either in 2023 or the previous year, indicating the impact of recent training.
- VSLA Participation: 80% of program participants joined VSLAs after receiving financial literacy training.
- Access to SRH Services: Through collaboration with community health workers, 170 adolescents (100 females, 70 males) accessed SRH, HIV/AIDS, nutrition, family planning, and gender-based violence (GBV) services at local health facilities.
- Income Increase: 68% of project participants reported an increase in their income.

These results highlight the program's success in improving financial security, knowledge, and access to essential health services among marginalized adolescents in Tanzania.



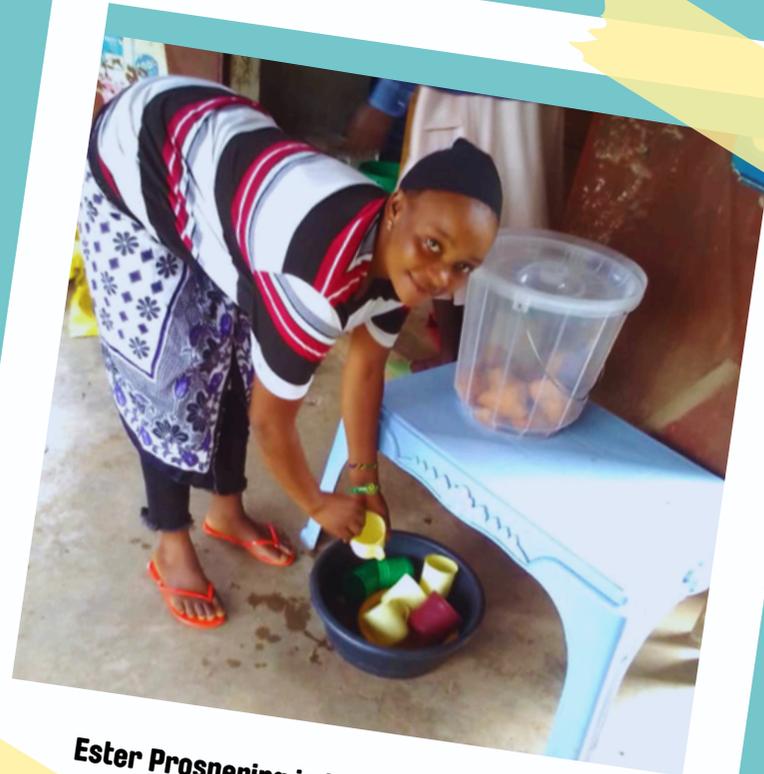
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## Esther's Rise: Empowering Youth through Entrepreneurship

Esther Melo, a 19-year-old from Mwaya ward in Kyela DC, Tanzania, participated in the Girls Leadership Programme in 2022, supported by the Mercury Phoenix Trust. Before joining the program, Esther, like many young widows in Tanzania, faced economic instability, discrimination, and risks such as unsafe sexual relations and isolation.

During the program, Esther received education on Sexual Reproductive Health and Rights (SRHR), livelihood skills, STD prevention, and abstinence. This knowledge created a behaviour shift in Esther enabling her to recognize the health risks associated with multiple sexual relationships, prompting her to cease such practices. Moreover, she gained insights into income generation strategies to sustain her basic needs.

Using a 50,000 TZs loan from the Fursa group, Esther launched a food vendor business in her community, selling buns and tea. This initiative not only provided her with a source of income but also ensured her financial security for the future.



*Esther Prospering in her Food Vendor Business*

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## Vijana Tunaweza Programme

Restless Development, in collaboration with the United Nations Population Fund (UNFPA), is dedicated to advancing the objectives outlined in UNFPA's nine Country Programme Document in the United Republic of Tanzania. Specifically, our efforts focus on Output 4, aiming to empower adolescents and youth, enhancing their bodily autonomy, leadership, voice, participation, and human capital development.

From January to September 2023, Restless Development has diligently implemented the "Vijana Tunaweza Project." This initiative's primary goal is to reduce the vulnerability of first-time young mothers to HIV/AIDS, prevent unplanned pregnancies, and combat gender-based violence in the Kondoa District of the Dodoma region, specifically targeting the wards of Pahi and Mnenia. Our approach includes enhancing knowledge of Sexual and Reproductive Health and Rights (SRHR), providing economic opportunities, leadership skills, Mental Health and Psychosocial Support (MHPSS), and fostering a strong support network to empower girls in these communities.

During this reporting period, the Vijana Tunaweza Project has successfully conducted the following key activities:

### 1. Youth Empowerment Programs:

- Conducted mindset transformation camps and safeguarding training for 62 first-time young mothers from Kondoa District, focusing on enhancing emotional well-being and self-confidence.
- Provided leadership, life skills education, and SRHR training to 62 first-time young mothers, exceeding our target by 103%.

### 2. Entrepreneurship Training:

- Delivered entrepreneurship skills training aimed at empowering first-time young mothers in Kondoa District, facilitating connections with microfinance institutions and small financial entities.





## Results

### 1. Recruitment and Registration:

- Successfully recruited 67 first-time young mothers in Mnenia and Pahi wards, exceeding our target by 112%.
- Identified 43 first-time young mothers from Mnenia ward and 24 from Pahi ward, totaling 63 participants after considering dropouts.

### 2. Economic Empowerment:

- Following entrepreneurship training, 63 first-time young mothers initiated savings, accumulating TZS 709,000, with plans for business startups and mutual lending.

### 3. Impact on Agriculture:

- The Sunflower group from Mnenia village transitioned to greenhouse farming, cultivating tomatoes valued at approximately TZS 2.5 million. Local government officials who recognized the project's benefits for young mothers and adolescents supported this transition.

### 4. Health and Well-being:

- Leadership, life skills education, and SRHR training led to 81% of participants adopting health-seeking behaviors and utilizing contraceptive methods, significantly reducing unplanned pregnancies. Additionally, 100% accessed improved Community Health Fund (CHF), reducing medical expenses and enabling greater investment in economic activities.

## Lessons Learned

- Integrating livelihood skills with reproductive health programs has notably enhanced physical and social mobility for first-time young mothers, expanding their social support networks. The successful transition of the Sunflower group to greenhouse farming serves as a prime example of this positive impact.

# Supporting Young Mothers through Entrepreneurship: The Story of Warda Said

Teenage pregnancy poses significant challenges for adolescent girls, often leading to economic vulnerability and social stigma. Warda Said, a young mother from Pahi ward in Kondo District, Dodoma, faced these challenges after becoming a mother in her teenage years. Despite initial hardships, Warda embarked on a journey of empowerment through education and entrepreneurship.

Teenage mothers like Warda often struggle with financial constraints, lacking stable jobs while needing to support themselves and their children. Many are reliant on others for financial support, which can perpetuate cycles of dependency and early pregnancies. Access to education about sexual and reproductive health, along with economic opportunities, is crucial to breaking this cycle.

## The shift

Warda's transformation began with her involvement in the Vijana Tunaweza project by Restless Development. Through this initiative, she received training in life skills, family planning, and entrepreneurship. Empowered by knowledge and newfound skills, Warda decided to start her own business despite the initial challenges. Saving money from a training transportation allowance, Warda initiated a small business selling green vegetables. Her venture grew steadily, now yielding a daily profit of Tsh. 15,000. Warda's success not only provided financial stability but also boosted her self-confidence and resilience.

## As the result of this

Warda has become a beacon of hope for other young mothers facing similar challenges. By demonstrating the feasibility of starting a business, she has inspired many to follow suit. Through her business, Warda not only meets her daily needs but also manages to save for the future, ensuring a more stable life for herself and her child.

Warda Said's journey exemplifies the transformative power of education and entrepreneurship in empowering young mothers. By equipping them with skills and knowledge, initiatives like the Vijana Tunaweza project play a crucial role in breaking the cycle of poverty and dependency. Warda's story underscores the importance of tailored interventions that address the specific needs of teenage mothers, fostering independence, and resilience within vulnerable communities.





**KILA MMOJA ANAHUSIKA KUJENGA  
UCHUMI IMARA, USTAWI NA  
MAENDELEO ENDELEVU**

### **3) Goal Area 3: Voice & Governance**

## Kijana Wajibika Programme

Restless Development–Tanzania is currently implementing the KIJANA WAJIBIKA – SDG 16.7.2 program from 2022 to 2024. The program aims to empower young people, particularly young women and individuals with disabilities, by placing them at the center of development and government processes to enhance accountability and responsiveness from government and CSOs. The program mapped and collaborated with youth–focused grassroots CSOs in nine regions (one council per region) across Mainland Tanzania.

Through this collaboration, Restless Development is strengthening these CSOs across three key pillars:

**SUPPORT:** Training and mentoring youth leaders to address common organizational capacity gaps such as fundraising, strategic planning, knowledge management, external collaboration, gender and disability inclusion, and meaningful youth engagement.

**MOBILISE :** Connecting with national and global youth CSOs to collaborate and self–organize for collective impact, aiming for inclusion and diversity among young people.

**INFLUENCE:** Conducting youth–led research to advocate for interventions that meet the diverse needs of youth in civil society, influencing national and global campaigns.

The program has already shown promising results, with increased civic engagement among young people participating actively in community activities, addressing social issues, and engaging in political processes. For example, out of 464 young people involved, 169 (87 females and 82 males) have shown interest in contesting local and general elections for 2024/2025. Young people have also organized into groups and networks to collectively address issues such as political participation, environmental concerns, employability, and health services.

Young people are actively participating in decision–making spaces, with 41 involved in different committees at the council level, 25 at the village level, and 13 at the ward level. Additionally, 9 young people hold leadership positions within CSOs, and 66 are engaged in political parties as young leaders. Decision–makers are creating accessible spaces for young people to participate, such as nominating them to organization leadership boards and inviting them to street/village level committees and ward development committees in various regions like Shinyanga, Dodoma, Kibaha, Iringa, and Morogoro. This engagement allows young people to advocate for improved service delivery in their communities, such as advocating for health centers and schools in places like Kibaha.

Through the implementation of the Kijana Wajibika Project, Restless Development–Tanzania continues to learn and evolve. They recognize that disability inclusion is an evolving field, emphasizing continuous learning, feedback, and adaptation of strategies with guidance from partners like ADD International and the Ford Foundation. Building strong relationships with local government authorities through face–to–face meetings and participation in community events has strengthened their collaboration and trust.

Empowered youth equipped with skills, knowledge, and resources are actively participating in decision–making processes, utilizing various communication channels including social media and community–based platforms to amplify their voices and influence.



# Youth Sounding Board (YSB) – Swiss Agency for Development and Cooperation (SDC), Tanzania

The Youth Sounding Board (YSB) is a consultative group comprising 16 youth members from diverse regions across Tanzania. Established to provide a youth perspective on SDC's programs, the YSB plays a crucial role in advising and shaping developmental initiatives.

The YSB members undergo comprehensive training facilitated by Restless Development, focusing on advisory skills, analysis, and report writing. They conduct region-wide focus group discussions (FGDs) to gather insights on various thematic areas critical to youth development.

## Activities Delivered:

### 1. Training:

- Refresher training for 16 YSB members to enhance their advisory capabilities.
- Induction sessions on FGD methodologies and community engagement.
- Workshop on analysis, validation, and report writing post-FGDs.

### 2. Learning Visits:

- YSB members participated in field visits to key SDC projects across Tanzania, gaining firsthand knowledge and insights.

### 3. Research:

- Conducted FGDs on topics including digital SRHR tools, corruption, civic engagement, and youth aspirations.
- Presented findings at the Annual Review Meeting and contributed perspectives to the EU delegation's Mid-Review Indicative Programme.

### 4. Mentorship:

- Implemented mentorship sessions tailored to individual and group needs of YSB members, focusing on skill development and personal growth.

The YSB's efforts culminated in comprehensive reports and presentations at high-level meetings, influencing policy and programmatic decisions of the SDC and other stakeholders. Their insights and recommendations have contributed to more youth-inclusive approaches in development efforts.



### **Outcomes Achieved:**

- Enhanced youth participation and engagement in decision-making processes.
- Improved understanding of youth perspectives on critical issues affecting Tanzanian youth.
- Strengthened partnerships and collaborations between youth, SDC, and other development actors.

### **Unexpected Outcomes and Lessons Learnt:**

- The Annual Review Meeting highlighted the importance of having a robust monitoring and evaluation system. Using the platform to listen to key research findings generated from focus group discussions played a great role in this year's review.
- YSB's institutional visits underscored the significant impact of youth empowerment programs. Projects that actively involved and empowered young people demonstrated positive outcomes. Thus, continue to priorities initiatives that engage youth in decision-making processes.

## **Enock Mkoba: Fostering Dialogue between Tanzanian Youth and Government**

Enock Mkoba, a 26-year-old passionate about community development, recognized a significant challenge: the lack of accurate information about government initiatives among young people in his community. This disconnect hindered effective collaboration between youth and government.

To address this issue, Enock took proactive steps. First, he volunteered as a Youth Sounding Board member for the Swiss Embassy, providing a platform for youth voices to influence policymaking. Second, he became a community health insurance enrollment officer, engaging directly with community members to understand their needs.

During a field visit to a Swiss-funded project in the Morogoro region, Enock interacted with the Improved Community Health Insurance (iCHF) regional coordinator and the District Medical Officer, gaining valuable insights into community challenges.

Enock's strong communication skills impressed government officials. Recognizing his potential as a bridge between the community and authorities, they recommended him for an additional role as a TASAF officer in his ward. In this dual capacity, Enock effectively conveyed community concerns to TASAF and iCHF regional coordinators, facilitating improved service delivery.

The impact of individuals like Enock in this programme address complex challenges. His commitment to bridging the information gap and his ability to communicate effectively with both community members and government officials have significantly enhanced community welfare. Enock serves as an inspiring example for young people looking to engage actively in community development and drive positive change.



## **4) Goal Area 4: Climate Change**

# Hungry for Action Campaign

The Hungry for Action campaign is a collaborative initiative addressing global food crises through urgent humanitarian responses and advocacy for systemic change. It unites civil society organizations and campaigners across climate, nutrition, debt, food security, and food systems sectors to prioritize and resolve critical issues affecting global food security.

## Key Achievements:

### 1. Youth Campaign Team Formation:

- Established a Youth Campaign Team comprising 30 activists (15 from Kenya, 15 from Tanzania) dedicated to tackling local food security challenges exacerbated by climate change.

### 2. Capacity Building Workshop:

- Conducted a three-day training workshop in Tanzania and Kenya, empowering youth activists with strategic skills to advocate for in school feeding programs and enhanced financial access for youth in agriculture.

### 3. Content Creation and Advocacy:

Produced video documentaries profiling young activists, disseminating their stories via Restless Development and SDG 2 advocacy hub platforms to enhance campaign visibility.

### 4. Digital Campaign Outreach:

Utilized social media platforms to share campaign content, significantly expanding online presence and engagement with global audiences.

### 5. Post-COP 28 Dialogue:

Hosted a dialogue evaluating COP 28 outcomes on food crisis responses, featuring youth activists and policy stakeholders to influence global policy agendas.

In 2023, the Hungry for Action campaign achieved substantial progress in mobilizing youth leadership, advocating for policy change, and leveraging digital platforms to raise global awareness of food security challenges. These efforts are critical in addressing the root causes of food crises and fostering resilient communities worldwide.

## Moving Forward

The campaign aims to strengthen partnerships, innovate advocacy strategies, and continue empowering youth to sustain momentum and drive lasting change in global food security policies and practices.



## From Fields to Frontiers: Josephat Masanja's Advocacy Story



Josephat Masanja's journey with Restless Development began as a member of the Hungry for Action Campaign in Tanzania, where he was one of fifteen team members dedicated to driving change. A transformative three-day training program facilitated by Restless Development, which honed his skills in communication, public speaking, and advocacy, defined his path.

Equipped with newfound expertise, Josephat went to create an impactful advocacy campaign aimed at addressing the critical issue of youth agri-pioneers' limited access to financial resources in Njombe District Council. The campaign sought to unlock the potential of young agriculturists, thereby enhancing agricultural productivity in the region.

Josephat's commitment and capability led him to represent his cause at COP28 in Dubai, where he emerged as a compelling voice advocating for the involvement of pastoral communities in combating climate change. His advocacy emphasized harnessing local knowledge to achieve sustainable environmental practices.

At COP28, Josephat's influence extended beyond speeches; he actively engaged in post-conference dialogues, collaborating with Tanzanian Member of Parliament Hon. Neema Lugangira to integrate youth perspectives into global strategies addressing the food crisis exacerbated by climate change.





# Restless Experts

## Exploring TENMET's Impact: Insights from Education Advocacy in Tanzania – TENMET Consultancy

In July 2023, Oxfam Denmark invited select organizations to submit proposals for documenting Tanzania Education Network (TENMET)'s advocacy efforts and its impact on the re-entry policy in Tanzania. This initiative was part of the Global Partnership for Education (GPE) support for education sector projects.

### Restless Tanzania's Involvement

Oxfam Denmark directed the call exclusively to organizations that had previously expressed interest in educational sector assignments under GPE funding, including Restless Development. This eligibility enabled our participation in the bidding process.

### Consultancy Insights

Upon winning the bid, we prepared an inception report and aligned our budget to the project's requirements. This experience underscored the importance of proactive engagement in expressing interest for future consultancy opportunities, as many such opportunities do not publicize Requests for Proposals (RFPs) widely. Instead, they rely on pre-established partnerships and databases. Therefore, we recognize the strategic value of positioning TENMET to actively engage with GPE and Oxfam Denmark in advancing education sector initiatives in Tanzania.

## Fostering Progress: Insights and Actions from World Bank Consultancy with Restless Development

The World Bank office in Tanzania continues its commitment to enhancing various sectors crucial to national development, including education, sexual reproductive health, youth well-being, and economic growth. In April 2023, the World Bank engaged Restless Development Tanzania to conduct a study aimed at exploring ways to leverage the potential of adolescents and youth in Tanzania. The goal was to support tailored interventions by the Government of Tanzania that address youth-specific challenges.

### Restless Development Tanzania's Involvement

Following extensive consultations, Restless Development Tanzania adopted its renowned peer-to-peer approach to conduct a youth-led research initiative. The methodology included a youth survey and Focus Group Discussions (FGDs) to provide a comprehensive understanding of pertinent issues. Collaboratively developed with the World Bank and partners, both the survey questionnaire and FGD guide underwent rigorous review before finalization for field data collection.

### Key Learnings from the Consultancy

- Restless Development Tanzania delivered two distinct reports as outcomes of the consultancy. The quantitative findings from the youth survey highlighted economic empowerment as a critical challenge affecting youth well-being. This underscores the urgent need for interventions to improve economic opportunities for young people.
- The qualitative insights from FGDs revealed that young people are aware of their well-being and actively setting personal goals. However, they face challenges stemming from familial responsibilities and systemic issues within government institutions such as schools and healthcare facilities. There is a clear call for supportive frameworks to help youth achieve their aspirations and enhance their overall well-being.

## Collaborative Impact: Strengthening Communities through Collective CSO Actions

- **Growing Together:** This year, we welcomed 14 vibrant youth-led organizations into our Tanzania hub, with 65% being program alumni. This expansion not only amplifies our reach but also enriches our collective with diverse perspectives and fresh ideas, reinforcing our commitment to youth empowerment.
- **CSOs in Focus:** During CSOs Week, we proudly supported nine Civil Society Organizations, providing them with crucial opportunities to learn, connect, and collaborate. These initiatives empower CSOs to better serve their communities and drive meaningful change, harnessing the collective power of youth leadership.
- **Skills for Success:** Through our partnership with Niajiri, we equipped five Youth University networks with essential employability skills and access to the Niajiri platform. This collaboration is not just about jobs; it is about empowering young people to navigate and excel in today's competitive job market, ensuring a brighter future for all.





**Engagements & Events:  
Showcasing Our Impact and Community Involvement**

# 1) Youth-Led Sustainability: Highlights from National Youth Week 2023

Restless Development participated actively in the 23rd Annual National Youth Week in Tanzania, centered on the theme "Green Skills for Youth: Towards a Sustainable World." Held from October 7th to 14th, 2023, in Babati, Manyara Region, the event celebrated youth engagement in community development projects.

## Event Highlights:

- Theme and Focus: The theme "Green Skills for Youth" aimed to equip young individuals with environmental knowledge and skills for fostering a sustainable future.
- Activities: The weeklong event included dialogues, exhibitions, and public awareness campaigns, providing a platform for youth to display their talents and creativity.

Official Opening and Closing: The event commenced with an inauguration by the Minister of State, Prime Minister's Office, Labour, Youth, Employment, and Persons with Disability, and concluded with remarks from President Samia Suluhu Hassan during the Uhuru Torch rally and Mwalimu J.K. Nyerere Memorial Day.

## Key Objectives and Outcomes:

- Youth Engagement: Encouraging active participation of young people in national development processes.
- Community Integration: Fostering partnerships with government, civil society groups, and the private sector to amplify youth-led initiatives.
- Social Impact: Addressing societal challenges like HIV/AIDS, human rights abuses, and voter apathy through collaborative efforts.

**Restless Development's continues to support young people and promoting sustainable development practices in Tanzania through inclusive engagement and strategic partnerships.**



## 2) Insights from COP28 and Implications for Youth Organisations

The 28th Conference of Parties (COP28), hosted in the United Arab Emirates, marked a pivotal moment in global climate negotiations, addressing critical issues with a primary focus on reducing fossil fuels. As the first comprehensive assessment post the Paris Climate Agreement (2015), COP28 convened nations to discuss and delineate key outcomes that will shape global climate action in the coming years.

### Key Discussions and Outcomes:

- **Fossil Fuel Phase-out:** Despite discussions on transitioning away from fossil fuels, a specific timeline was not set due to opposition from major fossil fuel-dependent countries.
- **Global Stock take:** Countries' progress in reducing emissions since the Paris Climate Deal was assessed, emphasizing the urgent need to limit temperature rise to below 2 degrees Celsius, with a more ambitious target of 1.5 degrees Celsius.
- **Renewable Energy and Energy Efficiency:** Ambitious targets were set to triple renewable energy and double energy efficiency, although clarity on country obligations remains unclear.
- **Coal Phase-out:** Talks on reducing coal use lacked binding commitments, but new coal-fired power plants are required to integrate carbon capture and storage facilities.
- **Methane Emissions:** Acknowledgement of methane as a potent greenhouse gas, with some countries committing to a 30% reduction by 2030.
- **Loss and Damage Fund:** Operationalization of the Loss and Damage Fund managed by the World Bank to support vulnerable developing countries affected by climate-induced disasters, although the current fund size of \$800 million falls short of needs.
- **Adaptation Framework:** Discussions focused on adaptation goals related to water scarcity, agriculture, and health, highlighting gaps in financial provisions for adaptation efforts.



## Benefits for Youth Organisation:

### 1. Engagement in Climate Advocacy:

- Use COP28 outcomes to advocate for stronger climate action.
- Hold governments accountable for commitments and advocate for robust environmental policies.

### 2. Participation in Global Initiatives:

- Opportunities to engage in global initiatives on renewable energy, emission reduction, and adaptation efforts.
- Advocate for increased funding for loss and damage support in vulnerable countries.

### 3. Advocacy for Climate Justice:

- Engage in discussions on climate justice and advocate for fair contributions from developed nations.
- Push for increased financial support and technology transfer to developing countries.

### 4. Education and Awareness:

- Educate communities about COP28 outcomes and their implications.
- Raise awareness about the importance of climate action, adaptation, and global collaboration.



**Josephat Masanja (Restless Development Volunteer) engages as a speaker during the session on lowering livestock emissions.**

### 3) CSO Week 2023: Supporting Young People and Advancing Civic Tech in Tanzania

Restless Development actively participated in CSO Week 2023, the premier gathering of civil society organizations across Tanzania. This year's event marked the fifth installment in a series aimed at fostering collaboration under the theme "Tech x Society: Then, Now, and Beyond," highlighting the transformative role of technology in societal progress.

The event convened over 500 CSO leaders from Mainland Tanzania, Zanzibar, and East Africa, focusing on enhancing partnerships to drive national development agendas forward. Restless Development Tanzania played a pivotal role in two key sessions:

#### 1. Internet and Society: Moon-shooting and Collaboration on Youth, Digital Technologies, Elections, and Democracy in Tanzania

- Co-hosted with nine grassroots CSOs and UNA Tanzania, this session explored youth engagement in governance using digital technologies. Moderated by Lucas Kifyasi of UNA Tanzania, the panel featured Maxence Melo (Jamii Forum), Tony Alfred (The Chanzo), Anna Kulaya (WiLDAF), and Badru Juma Rajabu (Restless Development).

#### 2. #CivicTechTanzania: Accountability and Governance in the Era of Technology

- Organized in collaboration with Wajibu Institute of Accountability and Digital Opportunity Trust (DOT), this session delved into leveraging technology for public project accountability and governance. The session included technology demonstrations and a fishbowl panel discussion with high-level representatives sharing insights and challenges in implementing accountability initiatives.



Event Photo: Deputy Hub Director Restless Development Tanzania contributing during Plenary Session on Internet and Society

# Financial Overview

<b>Total Income</b>	<b>Tzs</b>	<b>Balance sheet</b>	<b>Tzs</b>
Grants income	3,640,391,137	Fixed Assets	121,734,778
Other Income	44,010,050	Current Assets	849,608,257
<b>Total Income</b>	<b>3,684,401,187</b>	<b>Total Assets</b>	<b>971,343,035</b>
<b>Total Expenditure</b>			
Support cost	1,454,022,111	Reserves	114,323,511
Fundraising	45,458,348	Liabilities	857,019,523
Program	2,184,920,728		
<b>Total Expenditure</b>	<b>3,684,401,187</b>	<b>Total Reserves and Liability</b>	<b>971,343,035</b>

The financial information provided here is a summary extracted from the audited financial statements of the financial year ending 30th September 2023.

# OUR PEOPLE

## Safeguarding Young People and Staff: Our Commitment to Safety

At Restless Development, safeguarding the welfare and protection of children, young people, communities, and vulnerable adults is paramount. It transcends the success of our programs and strategic goals. We uphold safeguarding as a collective responsibility, expecting all staff, volunteers, and partners to adhere rigorously to our Safeguarding Policy, ensuring the safety of the communities we serve.

We consistently train our staff, volunteers, and prospective partners on safeguarding principles and the 'Do No Harm' approach in all our endeavors. We actively encourage program participants, communities, and team members to report any safeguarding concerns or allegations of Sexual Exploitation, Abuse, and Harassment (SEAH) through dedicated reporting channels and our confidential whistleblower email address.

In the unfortunate event of harm or abuse, we are committed to providing victims with support and upholding their rights. Our commitment is to operate responsibly, safeguarding all individuals, as we empower youth to catalyze positive societal change.



# The Team

We take an approach that puts power in the hands of young people directly to influence and lead change. We are intentional in our efforts to promote youth power, enabling young people to lead change. We have young leaders in our board of directors and in our Leadership team. Out of our nine board members, three are young people and out of our seven Leadership team members, two are young leaders.

## How we looked in 2022/2023

<b>6</b>	<b>7</b>	<b>33</b>	<b>695</b>
<b>Board of Directors</b>	<b>Leadership Team</b>	<b>Staff &amp; Interns</b>	<b>Volunteers</b>

### Our Staff Demographics

- **33%** of our board of directors are below 35 years old
- **50%** of our Leadership team are below 35 years old
- **70%** of our staff and interns are below 35 years old
- **100%** of our volunteers are below 35 years old



# Thank you!

We acknowledge the invaluable contributions of our esteemed development partners:

- **EMBASSY OF SWITZERLAND IN TANZANIA**
- **MERCURY PHOENIX TRUST**
- **FORD FOUNDATION**
- **Government of the United Republic of Tanzania**
- **UNFPA (United Nations Population Fund)**
- **UNICEF (United Nations Children's Fund)**
- **SWISSCONTACT**
- **HABITAT FOR HUMANITY**
- **WORLD BANK**
- **OXFAM**
- **SDC (Swiss Agency for Development and Cooperation)**



These partners have been instrumental in our efforts to achieve our goals and make a positive impact on the lives of young people in Tanzania. Their collaboration, support, and expertise have been crucial in various sectors.

**RESTLESS**  
**DEVELOPMENT**  
**POWERED BY YOUNG PEOPLE**

**For further details on this publication, to request a copy or to discuss how you could partner with us, please contact us:**

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